



# Pool Schedule

Effective April 5th, 2012

MON	TUE	WED	THU	FRI	SAT	SUN
5 AM to 7:15 AM <b>Open Swim</b>	5 AM to 9:15 AM <b>Open Swim</b>	5 AM to 7:15 AM <b>Open Swim</b>	5 AM to 9:15 AM <b>Open Swim</b>	5 AM to 7:15 AM <b>Open Swim</b>	7 AM to 8:30 AM <b>Open Swim</b>	7 AM to 12:00PM <b>Open Swim</b>
7:15 AM to 8:15 AM <b>Aqua Fitness</b> (participants only)		7:15 AM to 8:15 AM <b>Aqua Fitness</b> (participants only)		7:15 AM to 8:15 AM <b>Aqua Fitness</b> (participants only)	8:30 AM to 11:30AM <b>Swim Lessons</b> (See below)	
8:15 AM to 9:15 AM <b>Open Swim</b>		8:15 AM to 9:15 AM <b>Open Swim</b>		8:15 AM to 9:15 AM <b>Open Swim</b>		
9:15 AM to 10:15AM <b>Aqua Fitness</b> (participants only)	9:15 AM to 10:15AM <b>Aqua Fitness</b> (participants only)	9:15 AM to 10:15AM <b>Aqua Fitness</b> (participants only)	9:15 AM to 10:15AM <b>Aqua Fitness</b> (participants only)	9:15 AM to 10:15AM <b>Aqua Fitness</b> (participants only)		
10:15 AM to 11 AM <b>Open Swim</b>	10:15AM to 11:30AM <b>Open Swim</b>	10:15 AM to 11:30 AM <b>Open Swim</b>	10:15 AM to 11:30 AM <b>Open Swim</b>	10:15AM to 11:30AM <b>Open Swim</b>		
11 AM to 12 PM <b>Pool Closed For Cleaning</b>	11:15 AM to 12:15 PM <b>Aqua Silver</b> (participants only)	11:30 AM to 1:30 PM <b>Adult Swim</b>	11:15 AM to 12:15 PM <b>Aqua Silver</b> (participants only)	11:30 AM to 1:30 PM <b>Adult Swim</b>	11:30 AM to 4:45PM <b>Open Swim/</b> <b>*Birthday Party</b>	12 PM to 4:45PM <b>Open Swim/</b> <b>*Birthday Party</b>
12 PM to 1:30 PM <b>Adult Swim</b>	1 PM to 3 PM <b>Physical Therapy</b> (pool closed)		1 PM to 3 PM <b>Physical Therapy</b> (pool closed)			
1:30 PM to 6 PM <b>Open Swim</b>	3 PM to 5:30 PM <b>Open Swim</b>	1:30 PM to 6 PM <b>Open Swim</b>	3 PM to 5:30 PM <b>Open Swim</b>	1:30 PM to 6 PM <b>Open Swim</b>		
	5:30 PM to 7:30 PM <b>Swim Lessons</b> (See below)		5:30 PM to 7:30 PM <b>Swim Lessons</b> (See below)			
6 PM to 7 PM <b>Aqua Fitness</b> (participants only)		6 PM to 7 PM <b>Aqua Fitness</b> (participants only)		6 PM to 7 PM <b>Aqua Fitness</b> (participants only)		
7 PM to 7:45 PM <b>Kidz J.A.W.S.</b>						
7:45 PM to 9:45 PM <b>Open Swim</b>	7:30 PM to 9:45 PM <b>Open Swim</b>	7 PM to 9:45 PM <b>Open Swim</b>	7:30 PM to 9:45 PM <b>Open Swim</b>	7 PM to 8:45 PM <b>Open Swim</b>		

**\*Please be respectful of Aqua classes, swim lessons and birthday parties.**

Portion of the pool will be marked for recreational swim and lap swim. Thank you.

**Pool Hours:**

**Monday - Thursday 5:00 am - 9:45 pm**

**Friday 5:00 am - 8:45 pm**

**Saturday & Sunday 7:00 am - 4:45 pm**

**842 Clark Avenue, Bristol ▪ 860-583-1843 ▪ www.healthtrax.com**

**Center Hours: Mondays through Thursday 5:00am-10:00pm / Fridays 5:00am - 9:00pm / Weekends 7:00am-5:00pm**