






## Class Schedule

Effective April 1st

	MON	TUE	WED	THU
5:30pm	<b>Kidz Konditioning</b>	 <b>Play 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the Month</b>	<b>Open Water</b>	
6:30pm		<b>KINECT</b> for 		<b>KINECT</b> for 

### Special Events

**Kids Night Outs Events:** Ages 6+, held once a month  
Ask for upcoming dates and times

**Friday, April 13th: Kid's Night Out, 5:30-8:30pm**  
ages 6+, \$15/members, \$20/non-members  
Drop your child off for a NITE OFF! Craft, Pizza and a Movie!

**Are you 10-13 years old? Ask about or Junior Strength Program!**

**Contact Bridget Sullivan**

Email [bsullivan@healthtrax.net](mailto:bsullivan@healthtrax.net) for more information!

**Check out the Center for events and classes!**

**3 Weymouth Road, Enfield, CT • 860-745-2408 • [www.healthtrax.com](http://www.healthtrax.com)**

**Center Hours:** Monday-Thursday 5:00am-10:00pm / Friday 5:00am-9:00pm / Weekends 7:00am-5:00pm

**Youth Activity Center Hours:** Monday-Saturday 9:00am-12:00pm / Monday-Thursday 4:00-8:00pm