

Court Schedule



MON	TUE	WED	THU	FRI	SAT	SUN
5:00-7:00am OPEN GYM	5:00-9:15am OPEN GYM	5:00-9:30am OPEN GYM	5:00-9:00am OPEN GYM	5:00-9:30am OPEN GYM	7:00-7:30am OPEN GYM	7:00-9:00am OPEN GYM
7:00-8:00am BootCamp					7:30-8:30am Class	
8:00-9:30am OPEN GYM					8:30-10:00am Family/ Youth BB	9:00-10:00am BootCamp*
9:30-10:30am Class	9:15-10:15am Class	9:30-10:30am kidZONE Kidzone Hour	9:00-10:00am Class	9:30-10:30 kidZONE Kidzone Hour	10:00-10:45am kidZONE Kidz Sports	10:00-12:30pm Family/ Youth BB
10:30-5:00pm Family/ Youth BB			10:00-11:00am Family/Youth BB		10:45-12:30am Family/ Youth BB	
	10:15-5:30pm Family/ Youth BB	11:30-5:00pm Family/ Youth BB	11:00-12:00am Class	11:30-4:30pm Family/ Youth BB	12:30-2:00pm Birthday Party*	12:30-2:00pm Birthday Party*
			12:00-5:30pm Family/ Youth BB	4:30-6:00pm BB 30 and up	2:00pm-3:00pm Family/ Youth BB	2:00-3:00pm Family/ Youth BB
	5:30-6:15pm kidZONE Funtastic Fitness	5:00-6:00pm Class	5:30-6:15pm kidZONE Fit Kidz		3:00pm-4:00pm Birthday Party*	3:00-4:00pm Birthday Party*
5:45-6:30pm OPEN GYM	6:30-8:30pm BB 30 and up	6:00-10:00pm OPEN GYM	6:30-7:30pm Pilates Class	6:00-7:30pm Birthday Party*	4:00pm-5:00pm Family/ Youth BB	4:00-5:00pm Family/ Youth BB
6:30-10:00pm OPEN GYM	8:30-10:00pm OPEN GYM		7:30-10:00pm OPEN GYM	7:30-10:00pm OPEN GYM		

*If there is no birthday party or 2X monthly bootcamp the gym is open for Family/Youth BB

Open Gym times are open to any Healthtrax member on a first come first serve basis, however please be respectful and allow waiting members a chance to use the space in turn.

*Please call ahead for 1/2 court availability, schedule is subject to change due to special event programming.

Effective December 8, 2011