



# Aquatics Class Schedule



AQUA	MON	TUE	WED	THU	FRI	SAT	SUN
8:00am			Aqua Fit			Aqua Fit	
9:00am	Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	
11:00am		Aqua Arthritis					
6:00pm		Aqua Fit		Aqua Fit			
6:30pm	Aqua Fit						
7:00pm			Aqua Fit				

Effective April 1, 2012

20 East St., Hanover, MA ▪ 781-826-1300 ▪ [www.healthtrax.com](http://www.healthtrax.com)

Center Hours: Weekdays 5:00am-10:00pm / Weekends 7:00am-7:00pm

Youth Activity Center Hours: Monday-Friday 8:00am-12:30pm / Monday-Thursday 4:00-7:00pm

Saturday & Sunday 8:30am-12:30pm