




Aquatics Class Schedule



Effective April 2012

AQUA	MON	TUE	WED	THU	FRI	SAT	SUN
6:30am		Aqua Fit		Aqua Fit			
8:00am						Aqua Fit	
9:00am	Aqua Fit		Aqua Fit		Aqua Fit		
10:00am		Aqua Fit		Aqua Fit			
5:30pm				Aqua Fit			

8 Devine Street, North Haven, CT 06492 203 281-7900 ▪ www.healthtrax.com

Center Hours: Monday -Thursday 5:00am-10:00pm / Friday 5:00am-9:00pm/ Saturday 7:00am-6:00pm/Sunday 7:00am-5:00pm
Youth Activity Center Hours: Monday-Friday 8:30am-1:00pm / Monday-Thursday 4:00-8:00pm/Saturday 8:00-1:00pm (reservations required)