

# Gym Schedule

Effective April 2012

MON	TUE	WED	THU	FRI	SAT	SUN
5:00am-8:45am OPEN PLAY	5:00am-10:00am OPEN PLAY	5:00am-8:45am OPEN PLAY	5:00am-4:45pm OPEN PLAY	5:00am-9:00 pm OPEN PLAY		
					7:00am 8:45 am OPEN PLAY	7:00am-5:00pm OPEN PLAY
9:00-10:00am Boot Camp		9:00-10:00am Boot Camp			9:00-9:45am Sports Drills <b>kidZONE</b>	
	10:15-11:00am <b>kidZONE</b> Moovin & Groovin	10:15-5:00pm OPEN PLAY			10:00-11:00am Boot Camp	
	11:00am-6:00pm OPEN PLAY					
Week of 4/16 1:00-4:00pm	Kids activities 1:00-4:00pm	Kids activities 1:00-4:00pm	Kids activities 1:00-4:00pm	Kids activities 1:00-4:00pm	11:15-6:00 PM <b>Open Play</b>	
5:30-6:15 pm <b>kidZONE</b> Youth Yoga			5:00-5:45pm <b>kidZONE</b> Ultimate Recess			
6:30-10:00pm OPEN PLAY	6:30-7:00 pm <b>kidZONE</b> Kung Fu  6:45-10:00pm OPEN PLAY	6:00-6:45 pm <b>kidZONE</b> Kids Boot Camp	6:30-7:30 pm Small Group Training			
			7:30-10:00pm OPEN PLAY			

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Center Hours: Monday - Thursday 5:00 am - 10:00 pm / Friday 5:00am – 9:00pm/Saturday – 7:00-6:00 pm / Sunday 7:00 am – 5:00 pm