



Aquatics Class Schedule

Effective January 2, 2012

AQUA	MON	TUE	WED	THU	FRI	SAT	SUN
8:00am						Aqua Fitness	
9:00am		Aqua Fitness		Aqua Fitness			
10:00am						Aqua Fitness	
10:30am	Aqua Fitness		Aqua Fitness				
4:00pm	Aqua Fitness		Aqua Fitness				
6:00pm				Aqua Fitness			
6:30pm	Aqua Fitness		Aqua Fitness				

405 Hurffville – Cross Keys Road Sewell, NJ 08080 ▪ (856) 582-2180 ▪ www.healthtrax.com
Center Hours: Weekdays 5:00am-10:00pm / Weekends 7:00am-7:00pm

Youth Activity Center Hours:
 Mon-Sat 8:30am-1:00pm
 Monday-Thursday 4:00-8:00pm
Reservations required