




Gym Schedule

Effective May 1

MON	TUE	WED	THU	FRI	SAT	SUN
					8:00am-Noon Adult Pick Up Full Court	8:00am-5:00pm Family Open Shooting Birthday Parties
		9:15am 				
					Noon-6:00pm Family/Open Shooting	
4:00-7:00pm Family/Open Shooting	4:00-10:00pm Adult Pick up Full Court	4:00pm-10:00pm Family/Open Shooting	4:00pm-6:00pm Family/Open Shooting			
				5:30pm 		
			6:00-10:00pm Adult Pick up Full Court	6:30pm-9:00p, Family/Open Shooting		
7:15pm 						
8:30pm-10:00pm Adult Open Play						

155 Ashley Ave, West Springfield 01089 (413)781-0181 www.healthtrax.com

Center Hours: Monday-Thursday 5:00am - 10:00pm / Friday 5:00am - 9:00pm / Saturday 7:00am - 6:00pm / Sunday 8:00am - 5:00pm

Youth Activity Center Hours:

Monday – Thursday 9:00am - 1:00pm, 4:30pm - 8:00pm / Friday 9:00am - 1:00pm, 4:30pm - 7:30pm / Saturday 9:00am - 12:30pm