



SEASON 3 May 6th-June 29th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM			CARLOS (F)		CARLOS (W)	
7:00am		DAN (TH)		DAN (TU)		
9:00 AM						CAMERON
9:15 AM		CAMERON (F)			CAMERON (TU)	
9:20 AM	CAMERON (TH)			CAMERON (M)		
10:30 AM	HENRI (TH)			HENRI (M)		
4:30 PM						
5:00 PM		HENRI (TH)	JIM (M)	HENRI (TU)		
5:15 PM	HENRI (W)		HENRI (M)			
6:15 PM		CAMERON (TH)		CAMERON(TU)		
6:30 PM						

413.781.0181

DSPIRO@HEALTHTRAX.NET

155 ASHLEY AVE W.SPFLD

HEALTHTRAX.COM

Season 4 July 1st-August 24th

