

Aquatics Center Schedule



Healthtrax Fitness & Wellness – Bristol, CT	
at the Bristol Hospital Wellness Center 842 Clark Avenue Bristol, CT 06010 860-583-1843	Pool Hours: Monday - Thursday 5:00 am - 9:45 pm Friday 5:00 am - 8:45 pm Saturday & Sunday 7:00 am - 4:45 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 5:00-7:15 am	Open Swim 5:00-9:15 am	Open Swim 5:00-7:15 am	Open Swim 5:00-9:15 am	Open Swim 5:00-7:15 am	Open Swim 7:00-8:30 am	Open Swim 7:00-12:00 pm
Aqua Fitness 7:15-8:15 am		Aqua Fitness 7:15-8:15 am		Aqua Fitness 7:15-8:15 am	Swim Lessons 8:30am-12:00pm	
Open Swim 8:15-9:15 am		Open Swim 8:15-9:15 am		Open Swim 8:15-9:00 am		
Aqua Fitness 9:15-10:15 am	Aqua Fitness 9:15-10:00 am	Aqua Fitness 9:15-10:15 am	Aqua Fitness 9:15-10:15 am	Aqua Fitness 9:00-9:55 am		
Open Swim 10:15 am-11:00 am	Open Swim 10:15 am-11:30 am	Adult Swim 10:15 am-3:00 pm	Open Swim 10:15 am-11:30 am	Open Swim 9:55 am-4:00 pm		
Pool Closed Maintenance 11:00 am-12:00 pm	Aqua Arthritis 11:30am-12:30pm	SPA Closed Maintenance 12:00 pm-4:00 pm	Aqua Arthritis 11:30am-12:30pm		Open Swim/ Birthday Parties 12:00-4:45 pm	Open Swim/ Birthday Parties 12:00-4:45 pm
Adult Swim 12:00 pm-3:00 pm	Physical Therapy 1:00-3:00 pm (pool closed)		Physical Therapy 1:00-3:00 pm (pool closed)			
Open Swim 3:00-6:00 pm	Open Swim 3:00-5:30 pm	Open Swim 3:00-6:00 pm	Open Swim 3:00-5:00 pm			
	Swim Lessons 5:30-8:00 pm		Swim Lessons 5:30-7:30 pm	Swim Lessons 4:00-6:00 pm		
Aqua Fitness 6:00-7:00 pm		Aqua Fitness 6:00-7:00 pm		Aqua Fitness 6:00-7:00 pm		
Kidz J.A.W.S. 7:00-7:45 pm						
Open Swim 7:45-9:45 pm	Open Swim 8:00-9:45 pm	Open Swim 7:00-9:45 pm	Open Swim 7:00-9:45 pm	Open Swim 7:00-8:45 pm		