Healthtrax Fitness & Wellness

Winter 2017-18

Friday, December 1st — Wednesday, February 28th

3 MONTHS: December-February (December 1st—February 28th)
(*Priority registration is open **November 8th** for members/currently registered swimmers. Public registration is open **November 15th** until **December 13th**)*

2 MONTHS: I. December-January (December 1st—January 31st)
(*Priority registration is open **November 8th** for members/currently registered swimmers. Public registration is open **November 15th** until **December 13th**)*

OR: II. January-February (January 5th—February 28th)
(*Registration is open from **December 14th** until **January 17th**)*

3 MONTH PRICING
1st Participant: $110 members/ $160 non-members
Siblings: $95 members/ $140 non-members

2 MONTH PRICING
1st Participant: $80 members/ $115 non-members
Siblings: $70 members/ $100 non-members

Single-month pricing available upon request.

**Registration is first come, first serve and must be completed in-person at the North Haven center. Class availability and/or preference is not guaranteed.*

NO CLASSES:

Christmas & New Years
December 22nd—January 3rd

Make-up day is the last Tuesday of every month

December 19, January 30, February 27

Beginner 1: 4:00-4:30
Beginner 2 & 3: 4:30-5:00
Upper levels: 5:00-5:30

Tuesday
6:35-7:15 Adult

Wednesday
4:00-4:45 Intermediate/Advanced *Hybrid Class*
4:15-4:45 Preschool (3-5 years) Beginner 2
4:50-5:20 Preschool (3-5 years) Beginner 2 Beginner 3
5:25-5:55 Beginner 1 (4-8 years)
5:25-6:10 Intermediate/Advanced *Hybrid Class*
5:25-6:25 Intro to Competitive Swimming (*Invitation Only*)
6:00-6:30 Beginner 3

Friday
10:15-10:45 Parent & Tot
10:45-11:15 Preschool (3-5 years)
11:15-11:45 Preschool (3-5 years)

4:15-4:45 Preschool (3-5 years) Beginner 2 Beginner 3
4:50-5:20 Beginner 1 (4-8 years) Beginner 2
4:50-5:35 Intermediate/Advanced *Hybrid Class*
5:25-5:55 Beginner 3
5:25-6:25 Intro to Competitive Swimming (*Invitation Only*)
5:40-6:25 Intermediate/Advanced *Hybrid Class*
6:00-6:30 Beginner 1 (4-8 years)

Questions or concerns? Email Erin at: ekennedy@healthtrax.net

Saturday
9:00-9:30 Parent & Tot
9:30-10:00 Parent & Tot Preschool (3-5 years)
10:05-10:35 Preschool (3-5 years) Beginner 2
10:40-11:10 Beginner 1 (4-8 years) Beginner 2 Beginner 3
11:15-11:45 Preschool (3-5 years) Beginner 2 Beginner 3
11:45-12:15 Beginner 1 (4-8 years)
11:45-12:30 Intermediate/Advanced *Hybrid Class*

Sunday
9:05-9:35 Parent & Tot Preschool (3-5)
9:40-10:10 Preschool (3-5 years) Beginner 2 Beginner 3
10:15-10:45 Preschool (3-5 years) Beginner 2
10:15-11:00 Intermediate/Advanced *Hybrid Class*
10:45-11:15 Beginner 1 (4-8 years) Beginner 3
11:00-12:00 Intro to Competitive Swimming (*Invitation Only*)
11:15-11:45 Beginner 2
11:15-12:00 Intermediate/Advanced *Hybrid Class*
12:05-12:45 Adult

Private lessons, semi-private lessons and private group lessons are also available to fit your scheduling needs. Contact club for details.